

VRLA CONTINUING EDUCATION AGENDA

Saturday, December 13, 2025

9:00 A.M. – 10:30 A.M.

SPEAKER: Lisa Raghuthaman, CVR, CSR(TX&CA), RVR

SUBJECT: Level Up: Growing Your Career & Dodging Common Pitfalls  
in Court Reporting

This session is designed to empower court reporters with practical strategies to advance their careers while avoiding common professional missteps.

10:40 A.M.-12:40 P.M.

SPEAKER: Norma Ne'Shara Arclese

SUBJECT: LOUISIANA ETHICS AND RULES/REGULATIONS FOR COURT REPORTERS

This essential course provides Louisiana court reporters with a comprehensive overview of the ethical standards and regulatory requirements set forth by the Louisiana Board of Examiners of Certified Shorthand Reporters. Participants will explore the Code of Ethics, professional conduct expectations, and key rules governing certification, continuing education, and reporting practices.

NETWORKING MIXER WITH LUNCH PROVIDED 12:40-1:45 P.M.

1:45 P.M.-3:00 P.M.

SPEAKER: Rachel Ancona

SUBJECT: NUTRITION & MOVEMENT FOR COURT REPORTERS

Learn how small changes in movement and nutrition can boost your focus, reduce fatigue, and support long-term wellness. From posture-saving stretches to brain-fueling snacks, this session delivers practical tips you can use right away to feel better on and off the job.

3:15 P.M.-4:30 P.M.

Michael Grice

SUBJECT: NAVIGATING THE FUTURE: AI'S ROLE IN COURT REPORTING

Michael Grice brings a powerful blend of courtroom tech expertise and battlefield innovation to this timely session on Artificial Intelligence. With firsthand experience in federal courts, unmanned systems, and autonomous platforms, Mr. Grice explores how Generative AI and Large Language Models are transforming the court reporting profession; not by replacing us, but by empowering us. Learn how AI can enhance accuracy, streamline workflows, and open new possibilities, all while keeping the human touch at the center of justice.

4:30-4:45

Wrap-up with questions and roundtable discussion

Total CE Credits: (8) General Education Credits  
(4) Ethics Credits