

VRLA CONTINUING EDUCATION AGENDA

Saturday, November 14, 2026

9:00 A.M. – 11:00 A.M.

SPEAKER: Norma Ne'Shara Arclese, CCR

SUBJECT: LOUISIANA ETHICS AND RULES/REGULATIONS FOR COURT REPORTERS

This essential course provides Louisiana court reporters with a comprehensive overview of the ethical standards and regulatory requirements set forth by the Louisiana Board of Examiners of Certified Shorthand Reporters. Participants will explore the Code of Ethics, professional conduct expectations, and key rules governing certification, continuing education, and reporting practices.

11:15: A.M.-1:15 P.M.

Margie Wakeman-Wells

SUBJECT: GRAMMAR & PUNCTUATION

Back by popular demand! Become a grammar guru with this comprehensive course. You'll learn to avoid common word mix-ups, such as passed vs. past and affect vs. effect. Margie will also guide you in punctuating your transcripts without overcomplicating it. Armed with the proper tools and a solid understanding of grammar and punctuation, you can enjoy working on transcripts without the stress.

1:30 P.M.-2:30 P.M.

SPEAKER: Rachel Ancona

SUBJECT: Fueling Precision: Nutrition for Stamina, Focus, and Joint Health

Learn how small changes in movement and nutrition can boost your focus, reduce fatigue, and support long-term wellness. From posture-saving stretches to brain-fueling snacks, this session delivers practical tips you can use right away to feel better on and off the job.

2:45-3:15 p.m.

SPEAKER: Tiger Verdin

SUBJECT: Smart Strategies for Marketing Our Field

A focused look at how to promote court reporting through clear messaging, digital outreach, and community engagement. Attendees learn simple, effective ways to boost visibility and attract new interest in the field.

3:30-4:00 p.m.

SPEAKER: Treva Maricle

SUBJECT: From Classroom to Courtroom: Your First Job Survival Guide

A practical overview of what your first job really looks like. From scheduling, setup, communication, and staying composed when things get unpredictable, this session is ideal for new reporters wanting a smooth transition into the field.

Total CE Credits: (8) General Education Credits
(4) Ethics Credits